

Milwaukee Office
 1736 N 2nd Street
 Milwaukee, Wisconsin 53212
 414-562-2650
 414-562-2651 fax



Racine Office
 1208 Grove Ave
 Racine, Wisconsin 53204
 262-633-0959
 262-633-5695 fax

CACFP DIET STATEMENT

Child's Name	Age	
Name of Facility		
Does the child have a disability ? If Yes, describe the major life activities affected by the disability.	Yes	No
Does the child have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a licensed physician or other licensed health care professional.	Yes	No
If the child is not disabled , does the child have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a recognized medical authority.	Yes	No
If the child does not require special meals, the parent can sign at the bottom and return the form to the provider.		
PART B		
List any dietary restrictions or special diet.		
List any allergies or food intolerances to avoid.		
List foods to be substituted.		
List foods that need the following change in texture. If all foods need to be prepared in this manner, indicate "ALL"		
Cut up or chopped in to bite size pieces:		
Finely ground:		
Pureed:		
List any special equipment or utensils that are needed.		
Indicate any other comments about the child's eating or feeding patterns		
<u>Parent's Signature</u>	Date:	
<u>Physician or Medical Authority's Printed Name and Phone Number</u>	0	
<u>Physician or Medical Authority's Signature</u>		

Serving Kenosha, Milwaukee, Ozaukee, Racine, Washington, Waukesha Counties

CACFP Meal Pattern Requirements

Foods for Babies (Birth through 3 Months)

Supplement/Snack	Lunch/Supper
* 4-6 fl oz Formula ₁ Or Breast Milk _{2,3}	* 4-6 fl oz Formula ₁ Or Breast Milk _{2,3}

Foods for Babies (4 through 7 Months)

Breakfast	Supplement/Snack	Lunch/Supper
* 4-8 fl oz Formula ₁ Or Breast Milk _{2,3}	* 4-8 fl oz Formula ₁ Or Breast Milk _{2,3}	* 4-8 fl oz Formula ₁ Or Breast Milk _{2,3}
<u>When developmentally ready</u> 0-3T infant cereal		<u>When developmentally ready</u> 0-3 T infant cereal ₁ and 0-3 T fruit or vegetable or both

Food for Babies (8 to 12 Months)

Breakfast	Supplement/Snack	Lunch/Supper
* 6-8 oz Formula ₁ or Breast Milk _{2,3} * 1-4 T Fruit or Vegetable or both and * 2-4 T Infant Cereal	* 2-4 fl oz Formula ₁ or Breast Milk _{2,3} or fruit juice ₄ <u>When developmentally ready</u> 0-½ slice bread ₅ or 0-2 crackers ₅	* 6-8 oz Formula ₁ or Breast Milk _{2,3} and * 1-4 T fruit or vegetable or both and * 2-4 T infant cereal ₁ or in place of infant cereal you may serve a meat/meat alternate <ul style="list-style-type: none"> ○ 1-4 T meat, fish, poultry, egg yolk, cooked dry beans or peas; or ½-2 oz cheese; or 2-8 T cottage cheese; or 1-4 oz cheese food, cheese spread or you may also serve <ul style="list-style-type: none"> ○ both the infant cereal and meat/meat alternate

Foods for Children (ages 1 through 12 years)

Breakfast	Snack	Lunch/Supper
* 1 YEAR OLDS Whole Milk 2-12 YEAR OLDS Low-fat 1% or fat-free Skim Milk _h * Juice _a (100%), fruit or vegetable * Grain/Bread _b	<i>Serve two of the following four foods.</i> <i>(Juice may not be served when milk is served as the only other food _f)</i> * 1 YEAR OLDS Whole Milk 2-12 YEAR OLDS Low-fat 1% or fat-free Skim Milk _h * Meat/Meat Alternate _{d,g} * Fruit, Vegetable or Juice _a (100%) * Grain/Bread _b	* 1 YEAR OLDS Whole Milk 2-12 YEAR OLDS Low-fat 1% or fat-free Skim Milk * Meat/Meat Alternate _{d,g} * Juice _a or fruit or vegetable _f * Grain/Bread _b

¹ Infant formula and dry infant cereal must be iron-fortified.

² Breast milk or formula, or portions of both, may be served; however, it is recommended breast milk be served in place of formula from birth through 11 months.

³ For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered with additional breast milk offered if the infant is still hungry.

⁴ Fruit juice must be full-strength.

⁵ A serving of this component must be made from whole-grain or enriched meal or flour.

a Must be full strength fruit or vegetable juice.

b Bread, pasta or noodle products, and cereal grains shall be whole grain or enriched, cornbread, biscuits, rolls, muffins, etc., shall be made with whole grain or enriched meal or flour.

c Either volume (cup) or weight (oz), whichever is less.

d No more than 50% of the requirement shall be met with tree nuts or seeds. Tree nuts and seeds shall be combined with another meat/meat alternate to fulfill the requirement. For purpose of determining combinations, 1 oz. of nuts or seeds is equal to 1 oz. of cooked lean meat, poultry or fish.

e Serve 2 or more kinds of vegetable(s) and/or fruit(s). Full strength vegetable or fruit juice may be counted to meet not more than one-half of this requirement.

f Juice may not be served when milk is the only other component.

g Alternate protein products may be used as acceptable meat alternates. These products must meet the requirements of Appendix A of Guidance Memorandum 12

h Fluid milk served to children who are two years of age and older must be fat-free (skim) or low-fat (1%) milk